

COACHING

DEFINITION: *Coaching is partnering with clients in a thought-provoking and creative process that inspires them to maximize their God-given personal and professional potential.*

Adapted from International Coaching Federation

GOAL OF COACHING:

Is determined by the client

WHO CAN BENEFIT FROM COACHING?

Good leaders wanting to do better. Persons in transition.

TYPES OF COACHING:

Individual Coaching

Team Coaching (such as a church staff)

Group Coaching (such as a clergy colleague group)

Content neutral coaching

Skills coaching (such as church development coaching)

Leadership coaching

Life coaching

WHERE TO FIND A POTENTIAL COACH:

Ask your judicatory executive.

Referral from peer colleagues

Auburn Coaching Institute through Auburn Theological Seminary

<http://www.auburnsem.org/about/coaching.htm>

International Coaching Federation

<http://www.coachfederation.org/>

Human resource executives who work in leadership and organizational development.

Experienced coaches are also good sources of other competent coaches.

QUESTIONS TO ASK A POTENTIAL COACH:

What kind of coaching training have you had?

How many years have you been coaching?

Please give me some persons who have coached whom I might contact about your work.

What kind of settings do you usually coach?

Are there situations you are better equipped to coach?

What are your customary fees?

How do you usually contract?

What does a typical coaching engagement look like?