

## SHARING FOOD IN A HUNGRY WORLD

Introduction: This simulation will demonstrate, in a simple way, the relationship between distribution of people and food in the global setting. It will take 20 to 25 minutes.

### Materials:

World Map, Bread, large uncut loaf such as French bread, Litany copies (Sharing Food in a Hungry World)

### Advance Preparation:

Duplicate litanies.

### Procedure:

On the world map, pint out the five most populated continents: Africa, Asia, Europe, North America, and South America. Explain that most of the people living where they do were born there and did not choose where to be born, just as the people in the group did not have that choice.

Divide the group into these continents by percentage of population. (For groups of 10, 25, and 40, the number in each continent is given below.)

Total Group		10	25	40
Africa	12%	1	3	5
Asia	58%	6	14-15	23
Europe	16%	1-2	4	6-7
North America	6%	1	1-2	2-3
South America	8%	1	2	3

Hold up the loaf of uncut bread and explain that it represents all the food which will be eaten today in the world. Then divide the loaf according to the percentages eaten on the five continents and give the pieces to one person in each group.

Africa	8%
Asia	23%
Europe	36%
North America	22%
South America	11%

Hand out the "Sharing Food in a Hungry World" litany and read, with continents responding.

Instruct the five continents to feed their people. They might give the same portion to everyone, or be more realistic and give larger pieces to the ones who are deemed rich and no bread to some others, the poor. Continents without much bread may try to get bread from others. Encourage discussion within and between continents. Tell them not to eat the bread until after the simulation.

It is possible to make the game more complex by giving cards with names of resources and products written on them for trade, or let them think of products and resources from the continents. The supplied list might include:

Africa - cocoa, coffee, uranium

Asia - jute, bamboo, clothing

Europe - watches, wine

North America - weapons, food

South America - tin, bananas, coffee

End by asking all participants to holdup their piece of bread. Point out that the actions and feelings which were happening in the simulation are also happening in the continents. There may be positive happenings in Asia, for example, such as a sense of community in their struggle. End with discussion.

Source: Experiencing More With Less, Meredith Sommers Dregni, Herald Press, Scottdale, PA 15983.