

ARMSS

Association of Retired Ministers, Their Spouses or Survivors

Quarterly Newsletter

January 2007

Volume 12, Issue 1

The 11th Annual ARMSS Convention “Spirituality and the Creative Arts” June 14-17, 2007 at the Denver DoubleTree Hotel



Judith Rock in Mary Alice’s Magnificat

“THE WORD MADE FLESH AND THE BODY IN THE MIRROR”

The focus of Friday’s keynote address, presented by Dr. Judith Rock, will be on our changing relationship to our physicality as we age, and what that has to do with deepening our insight into Christian theology of the Incarnation, God’s Word made flesh - that is to say, God’s Word made what we are. As a modern dancer, choreographer, actress, writer, and teacher, Judith Rock has helped to shape the field of art and theology since her first commissioned dance concert in 1977, when she was the McCall Lecturer at First Congregational Church, Berkeley, California. Following a twenty year career in modern dance, her current theology and art work takes the form

of teaching as guest artist in seminaries, creating movement pieces for non-dancers, leading physicality-and-theology workshops, lecturing, and writing.

In 1978, Judith co-founded Body and Soul Dance Company in Berkeley, and danced with the company during its ten year life, touring and teaching across the U.S. and Europe. Widely recognized as the cutting edge company in the arena of dance and religion, Body and Soul performed and taught at England’s Coventry Cathedral, Edinburgh Cathedral in Scotland, Kent State University, Yale Divinity School, San Francisco Dance Theater, Riverside Church, Union Theological Seminary (NYC), the Sacramento Jazz Festival, and Boston University, among many other venues.

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ARMSS Quarterly Newsletter

This Newsletter is distributed quarterly by the Association of Retired Ministers, Their Spouses or Survivors.

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A Message From the President of ARMSS

Spirituality and the Arts

James F. Reese

For everything there is a season and
time for every matter under heaven
Ecclesiastes 3:1

Yes, that includes spirituality. Yes,
that includes "Spirituality and the
Arts" the focus of the 2007 Conven-
tion of the Association of Retired
Ministers, their Spouses or Survi-
vors. A "particular season" for us
will be June 14-17, 2007 in Denver,
Colorado.

Most of us who will gather in Den-
ver will be in the mature seasons of
our lives. Our spirituality has been a
quest that has had twists and turns as
it has grown moment by moment,
year by year. As age has increased
so has time-tried events that have
helped develop our spirituality. Liv-
ing long has also given us more op-
portunities to explore the arts.

At every time and phase of life there
has been time for contemplation.
There has also been time for explora-
tion of movement. Our mature years
are "funded" with remembrances.

*Yesterday is but today's memory and
tomorrow is today's dream. But if in
your thoughts you must measure time
into seasons, let each season encircle
all the other seasons. And let today
embrace the past with remembrance,
and the future with longing.*

The Prophet Kahlel Gibran

There is as many brands of spiritual-
ity as there are breakfast cereals on
supermarket shelves. In Denver we
will be exposed to a variety of spiri-
tual disciplines or practices:

- various ways to read Scripture
- approaches to meditation
- fasting

- journaling
- appreciation of silence
- story telling
- choreographed dance
- communal worship
- Sabbath keeping
- prayer
- pilgrimage
- rituals
- exploring the labyrinth

There will be a variety of arts to be
viewed and experienced:

- music
- drama
- dance
- poetry
- painting
- drawing
- sculpture
- sacred art
- visual arts
- liturgical action

Neither of the above lists are com-
plete or final. The Convention in
Denver will add to the wealth of
years that we bring.

We welcome you to Denver and a
time of study, reflection, discernment
and growth. Spirituality or Arts?
Spirituality and the Arts? Yes. Yes to
both. We will have an infinite num-
ber of opportunities to enjoy both.
Say "yes" to the invitation to come
to Denver.

James Foster Reese

Swap-Shop

*Swap-Shop is a new addition to our
newsletter. Look here for informa-
tion about events, activities, and pro-
grams that are successful throughout
the Presbyteries. Also, this is a
place where you can identify a need
and request help, or relay your mes-
sages to other retired ministers,
spouses or survivors.*

Burton Ringelstein from Fairport
(Rochester), NY writes: While look-
ing for something else I came upon a

program for my father's (Herbert
Ringelstein) memorial service in
Tampa August, 1988. Rev. Gerald L.
Voye was pastor. I remember him as
a most kind and wonderful person
and will never forget how comfort-
ing he was to our family, epically my
mother. I have never lived in FL but
I understand he relocated in the late
80's. If possible, please forward my
best to him.

Dr. Herbert Meza, a former member
of the ARMSS Board, has recently
published a book of prayers called
*Sunday Morning Prayers for Mon-
day Morning People*. This is a lim-
ited collection of selected prayers ad-
dressing the liturgical seasons of the
church as well as the seasons and
months of the calendar, plus the
secular holidays. For all our obser-
vances, there is a prayer.

These prayers run the gamut of hu-
man emotions and feelings; there is
gratitude, questioning, doubt, hope-
fulness, despair, anger, repentance,
love, and faith; they are an open dia-
logue with God. They are for seeking
people who don't have all the an-
swers. Some of the prayers are
"traditional," and some are "edgy."
They truly do explore the range of
our relationship with the Creator.

Herb's book can be ordered at blue-
waterpress.com or amazon.com. At a
cost of \$10.95.

Due to a generous
gift from an anony-
mous donor, we are
able to waive the
\$100 registration fee for 45
ARMSS Presbytery Representa-
tives that would like to attend the
Convention in Denver, June 14-17,
2007. This offer will be honored
on a first-come first-served basis,
so be sure to register early!



11TH ANNUAL ARMSS CONVENTION
Spirituality and the Creative Arts

Schedule at a Glance
 (subject to change)

Thursday, June 14

Registration (1:00 - 5:00 p.m.)
 Opening of Convention (7:00 p.m.)
 Taize Service

Friday, June 15

Breakfast, Presbytery Reps Meet
 Morning Worship
 Keynote Speaker: Ms. Judith Rock
 Q & A
 Lunch,
 Tour Denver missions & art ministries
 Evening of Relaxation & Meditation

Saturday, June 16

Breakfast, Presbytery Reps Meet
 Morning Worship
 Keynote Speaker
 Q & A
 ARMSS Business Meeting
 Presbyterian BOP Luncheon
 Workshops
 Banquet

Sunday, June 17

Worship and Communion
 Closing of Convention (10:30 a.m.)

**LOOK FOR MORE CONVENTION INFORMATION IN THE APRIL ISSUE.
 REGISTER EARLY TO RECEIVE THE REGISTRATION DISCOUNT!**

****Please copy & complete one per person attending**

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ **ZIP:** _____

Presbytery: _____

Phone Number: _____

Email: _____

*****Registration Fee includes: 3 breakfasts, BOP Luncheon,
 Saturday Banquet, & tour of Denver attractions w/ lunch**

- Presbytery Rep fee waived for first 45
- Early Registration Fee \$100
- Registration received after May 21 \$120

Ck No: _____ **Date:** _____ **Amount:** _____

Please Mail To: ARMSS
 PO Box 700049
 Oostburg, WI 53070

Workshop / Activity Selection

(look for complete description in April)

Friday, June 15: During Breakfast

- Presbytery Representatives Meeting

Friday, June 15: Afternoon Activities (please select one)

- Art Museum Tour (extra cost)
- Local Churches Architectural Tour
- Denver Capitol and Mint Tour
- On Your Own (no transportation provided)

Saturday, June 16: During Breakfast

- Presbytery Representatives Meeting (continued)

Saturday, June 16: Afternoon Workshops

There will be four workshops presented twice Saturday afternoon. You need not sign up for these ahead of time. You will be able to choose from the following workshops:

1. The Soul Loves the Body - presenter Judith Rock
2. Music & Spirituality - presenter Jerald McCollun
3. Architecture & Spirituality - presenter John Burgess
4. Ethnic Connections & Celebrations - presenter James F. Reese

Make your hotel reservations by calling DoubleTree Hotel Denver at 1-303-321-3333. Mention ARMSS to receive discounted rate of \$89 per night. Hotel reservations must be made by May 21 to receive reduced rate.

CONTINUED: Judith Rock

As a modern dance soloist and choreographer, Judith presented her work in numerous places, including the East Bay Dance Series (Oakland, CA), The Trinity Institute (NYC and San Francisco), Iliff School of Theology, The Jesuit Cultural Center (Chantilly, France), Princeton School of Theology, the University of Colorado (Boulder), Pacific School of Religion's Summer Dance Festival, and Cooper Square Theater (NYC).

In 1985, she directed the restaging of *L'Esperance*, a 1709 ballet, at the University of San Francisco. This was the North American restaging of a baroque ballet from the French Jesuit college repertoire.

She was Lecturer in Dance at Berkeley's Pacific School of Religion from 1978 to 1984. From 1989 to 1991, she was artist in residence at Middle Collegiate Church in New York City's East Village. Over the course of twenty-six years, she has been variously guest performer, worship consultant, and preacher at New York's Union Theological Seminary, and was Lecturer in Communication and Worship there from 1997 through 2003.

She was assistant professor of dance at St. Olaf College, Northfield, MN (1991 - 1995), directing the college's principal company, Images/Dance, and teaching modern dance, tap, choreography, dance history, and women's studies.

In 1997, the New Hampshire Theatre Project produced her one woman show *Response Time*, based on her experiences as a part time and reserve police officer in Minnesota and New York City. A 1995 commission for Luther College (Decorah, IA), the play was co-produced by New York's 78th Street Theatre Lab in 1998, and Judith afterward toured it around the country.

Recent art residencies include Andover-Newton Theological Seminary (Washington DC), in March 2003, where she delivered the seminary's annual Faculty Lecture. In January 2007, she will be the first artist in residence at Louisville Presbyterian Theological School.

She received her Ph.D. in Theology and Art from Graduate Theological Union, Berkley, CA, in 1988. She also holds the M.A. in Dance from Mills College, Oakland, CA, and the M.Div. From San Francisco Seminary, San Anselmo, CA. Her BA is from Duke University, Durham, NC.

She is the author of several books, and has written for many journals. She has had the honor of being the first artist-of-the-month in the journal *Image*.

Judith is a member of the Ecumenical Board of Directors of Holy Wisdom Monastery in Madison, WI, and currently divides her time between Louisville, KY and Sarasota, FL, where she works with injured birds at the Pelican man's Bird Sanctuary.

Energy Saving Tips

by Ken Smith

Concerning Lighting:

- Replace incandescent light bulbs with florescent bulbs.
- Keep bulbs clean.
- Turn off lights when you leave rooms.
- Night lights are OK forever, but nothing else.

Power in Kitchen:

- Don't keep opening oven to check food.
- Use the microwave, and keep it clean.
- Use the smallest pans possible, and use lids. Keeps the steam inside the pan.
- Preferably use glass or ceramic pans. They heat faster.

Refrigerator:

- Check refrigerator temperatures. Put a thermometer in glass of water in refrigerator. Put another in freezer between two packages. If refrigerator is lower than 37-40 degrees in main compartment, or if freezer is lower than 0-5 degrees you are losing money.
- Cover and wrap food before placing in refrigerator.
- Let hot food cool down before putting in the refrigerator.
- Keep the freezer full.
- Keep frozen plastic jugs full in the freezer.
- If you have two or more freezers, unplug them. You're wasting energy.

Dishwasher:

- Automatic? Wash only when it is completely full.
- Dishwasher has air-dry feature? Use it.
- Wash by hand? Rinse dishes only in a group, don't leave water running.

Dryer and Washing Machine:

- Wash and dry full loads.
- Keep the dryer's lint filter clean.
- Wash in cold water instead of hot, unless very dirty loads.
- Don't add wet clothes to the load in the dryer that's been started.

Water heater:

- Lower temperature from 140 degrees to 120 degrees.
 - Make sure the water heater tank is insulated. Have a professional person drain the sludge from bottom of the water heater tank every 1-3 years.
 - Use low-flow shower heads and faucets.
 - Take short showers. Seriatim is more fun.
 - No baths, showers use less hot water. We are Presbyterians, sprinkling is better than immersion.
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ARMSS 2007 MEMBERSHIP APPLICATION

I / We wish to become or continue as a member of the Association of Retired Ministers, Their Spouses or Survivors.

Membership is open to retired ministers, their spouses or survivors, Presbyterian Church (U.S.A.). These Individuals shall become members when each one has paid the \$20.00 annual dues.

Enclosed is a check for \$20/person membership fee. **Please make check payable to ARMSS.**

Name _____

Mailing Address _____

City/State/Zip _____

Preferred Phone (Type - i.e. cell, home, work) _____

E-Mail _____

Presbytery _____

Synod _____

Status: _____ Minister _____ Spouse _____ Survivor

Please complete and mail to:

Lois Siegel, Treasurer

ARMSS

37 Aspen Road

Latham, NY 12110

A Pledge for the Continuing Mission of the Association of Retired Ministers, Their Spouses or Survivors

I / We pledge _____ \$100 or \$_____ for 2007 and \$_____ for 2008 and 2009.

Name _____

Mailing Address _____

City/State/Zip _____

Preferred Phone (Type - i.e. cell, home, work) _____

E-Mail _____

Check payable to ARMSS for \$_____ is enclosed.

Please complete and mail to:

Lois Siegel, Treasurer

ARMSS

37 Aspen Road

Latham, NY 12110

Your contributions are greatly appreciated and are Tax Deductible!!!

CONTRIBUTIONS

We are grateful for the contributions which we have received in support of ARMSS.
It is your gifts that supports our broad ministry.

The following persons contributed in support of ARMSS since publishing the last newsletter:

Ralph and Naomi Adamson	Hal Foster	Charlotte Hofer	Alfred and Lois Siegel
Joyce Beieniler	Robert Geller	Richard Huggins	Kenneth and Betty Smith
Doris Bonner	Richard and Cynthia Gibbins	Kenneth Kettlewell	John Snyder
Dolores Franser Cave	David and Karen Jones	Richard and Eloise Mills	Lucille Wheeler
James and Mary Chesnutt	Robert and Joann Hanson	Carmon Modina-Casasus	Edward and Nancy Wilson
William and Nancy Clark	Frank Hare	Elizabeth Raitt	Hugh and Antoinette Wire
James Donnell	Jane Hayes	Domingo Rosado	Floyd and Edna Wynn
	Doris Hill and Mary Hill	Eliza Ross	

Special thanks to the following organizations for contributing to the support of ARMSS:

U.S. Family Foundation, Inc.
Community Presbyterian Church, Big Bay, Michigan

THANK YOU!

For your generous assistance.

NOTE: If we have failed to recognize you as a contributor for this quarter,
please contact Ginny Nyhuis at: vnyhuis@wi.rr.com or: 615-426-1545.

Your support is vital to our program. Please **mark your check E048098** and send contributions to:
Presbyterian Church (U.S.A.)
Individual Remittance Processing
PO Box 643700

Association of Retired Ministers,
Their Spouses or Survivors
PO Box 700049
Oostburg, WI 53070
Return Service Requested

ARMSS
QUARTERLY
NEWSLETTER

