

Questions for Clarification

Relationship to God

1. How do you identify God's presence in your life? In the world?
2. How do you express your commitment to God?
3. What have you been taught about God? How does this relate to your experience of God in your life?
4. How do you use your work to express God's love in today's world?

Relationship with Others

1. What kind of persons do you most enjoy? Most dislike? Why?
2. How do others see you? Do you like or agree with their perceptions?
3. How do you deal with persons who have authority over you, such as employers, group leaders, teachers, or governing authorities?
4. What happens when other persons disappoint you? How do you react?
5. Do you prefer being with people, or being alone? When?
6. Do you feel that certain relatives or friends expect you to enter a particular career or do certain things? Is this encouraging or oppressive to you? If you could take three persons on a trip to Mars, who would they be? Why?

Motivations

1. What gives you joy, encouragement, hope and confidence?
2. When you must choose between two desirable tasks, which do you choose? Why?
3. What rewards or results do you most want from your career?
4. If you could shape a career to fit you, what would it be?
5. How do you define success in a career? In life?

6. What makes my life worthwhile? What keeps me going?
7. What would you like to be doing five or ten years from now?

Interests

1. What school subjects have you enjoyed most? Disliked most?
2. When you have free time, what do you do?
3. What is your pattern of interests? Do you balance active and quieter activities, or are you always active or always quiet?
4. Do you enjoy being with a large group, with a few close friends, or being alone? When? How often do you enjoy each?
5. What subjects do you read? Which parts of the newspaper or magazines do you read? Which do you ignore? What special topics do you try to learn about?
6. What fields do you know most about? Which would you like to study? 7. What kinds of people do you prefer if you have a choice?
7. Do you like to be the leader, the follower, or a member of the team?
8. What hobbies, sports, fine arts, etc., do you enjoy most? Which of these do you like least? Why?

Abilities

1. What do you feel good about doing, in the sense of knowing I can do it well? What strength strengths and resources do you have?
2. Are you able to lead groups to complete a task? Can you keep harmony in a group while you accomplish the task?
3. What awards have you earned? When? What are your talents?
4. What have others told you about your abilities? Were they correct in their judgment?
5. In which school subjects have you done your best work? Which subjects were unusually difficult. Why?
6. What abilities could you develop if you decide to work at it?
7. What are your limitations or deficiencies? How do you feel about them? Which ones do you need to overcome? Why?

Work Habits and Work Style

1. What work schedule do you prefer? How and when do you do your best work?
2. Can you work independently, or do you need to have a supervisor to keep you working?
3. Must you see immediate results of your work? Are you able to continue doing good
1. work although results may be slow, delayed, or partial?
4. Are you able to adjust to unexpected changes in your work plans? How?
5. How do you resolve conflicts between important assignments or between competing
2. authorities (managers, teachers, etc.)?
6. How are work and recreation related for you?

Goals and Values

1. What are the three things you would most like to accomplish in the next year? In your
lifetime?
2. How does your commitment to Christ relate to other goals you intend? What secondary
goals do you have?
3. What values and considerations are important to you as you set goals for yourself?
4. Can you set your own goals, or do others set goals for you? How do I relate these two
sets of goals?
5. How do you choose between competing claims on your time and resources?
6. If you had only one week (or one year) to live, what would you do in that time?

Reactions and Feelings

1. How do you react and respond to the feelings that others express?
2. Can you easily and appropriately express both positive and negative feelings, such as joy, sadness, appreciation, anger?
3. What are the relationships between your feelings and your physical functioning? For example, does anxiety produce headaches, nausea, or other physical reactions?
4. What are your feelings about a specific event? Are you fully aware of all your reactions, both verbal and non-verbal? .
5. How do you cope with emotions relating to hunger, power, loneliness, frustration, or leadership? .:
6. Are you afraid of any of your feelings? Of the feelings of others?

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